# THE CYCLE OF CHANGE 2.0

KA152 - Youth Exchange

LATVIA - LUDZA AUGUST 2024













## ABOUT THE PROJECT

Through Erasmus+ project "The Cycle of Change 2.0" we want to empower and educate young people to become environmentally conscious, culturally aware, and digitally competent individuals. This goal encompasses fostering environmental awareness, skill development, promoting cultural exchange, nurturing personal growth and confidence, engaging in community activities, enhancing digital competence, and contributing to international cooperation for a sustainable and united global community.













## PARTICIPANTS PROFILE

#### **ALL TOGETHER 30 PARTICIPANTS:**

PORTUGAL: 9 PARTICIPANTS + 1 GROUP LEADER

ITALY: 9 PARTICIPANTS + 1 GROUP LEADER

LATVIA: 9 PARTICIPANTS + 1 GROUP LEADER

**AGE: 18 - 30 YEARS OLD** 

- MOTIVATED
- INTERESTED IN ENVIRONMENTAL SUSTAINABILITY
- INTERESETED IN THE DEVELOPMENT OF THEIR DIGITAL COMPETENCE













## FINANCES

TRAVEL (GREEN TRAVEL):

PORTUGAL: 610,00 € PER PARTICIPANT

ITALY: 320,00 € PER PARTICIPANT

ACCOMMODATION AND FOOD

(3 MEALS) ARE FULLY PAID BY HOSTING ORGANIZATION.













#### DAY 2 **Ecology and** environment - why it is important

#### DAY 3 **Environment how** can WE help.

#### DAY 4 **Creative workshop** and creative youth

#### DAY 5 **Creative workshop** and creative youth

#### DAY 6 **Video Editing and** Perceftion

#### DAY 7 **Embracing the Change -Group Presentations** and Insights

| is important                              |  |  |
|---|--|--|
| Breakfast                                 |  |  |
| Welcome and Program<br>Overview           |  |  |
| Group rules                               |  |  |
| Circle of Connections                     |  |  |
| Lunch                                     |  |  |
| Circle of Youthpass                       |  |  |
| Coffee Break                              |  |  |
| Eco-friendly Thinking on individual level |  |  |
| Evaluation groups                         |  |  |
| Dinner                                    |  |  |
| Free time to explore the city             |  |  |

|  | Breakfast   |  |  |  |
|--|---|--|--|--|
|  | Circle of Connections                               |  |  |  |
|  | Sharing examples of good practice                   |  |  |  |
|  | Storyboarding and shot list preparation             |  |  |  |
|  | Lunch   |  |  |  |
|  | Storyboarding - practical<br>workshop               |  |  |  |
|  | Coffee Break  |  |  |  |
|  | From Script to Screen: Video<br>Production Workshop |  |  |  |
|  | Evaluation groups                                   |  |  |  |
|  | Dinner  |  |  |  |
|  | Intercultural evening                               |  |  |  |

|   | Breakfast   |  |  |  |
|---|---|--|--|--|
|   | Circle of Connections   |  |  |  |
|   | Reimagine, Repurpose, Recreate: Recycling Artistry Workshop + Filming and Capturing Content |  |  |  |
| + | Lunch   |  |  |  |
|   | Capture and Create  |  |  |  |
|   | Cofee break   |  |  |  |
|   | Capture and Create continued  |  |  |  |
|   | Evaluation groups   |  |  |  |
|   | Dinner  |  |  |  |
|   | Intercultural evening   |  |  |  |

| Breakfast  |  |  |                   |
|--|--|--|-------------------|
| Circle of Connections  |  |  |                   |
| Reimagine, Repurpose, Recreate:<br>Recycling Artistry<br>Workshop + Filming and<br>Capturing Content |  |  |                   |
| Lunch  |  |  |                   |
| Capture and Create continued   |  |  |                   |
| Coffee Break  The Final Cut: Video Editing and Perceftion  |  |  |                   |
|  |  |  | Evaluation groups |
| Dinner   |  |  |                   |
| Intercultural evening  |  |  |                   |

| Breakfast   |  |  |  |
|---|--|--|--|
| Circle of Connections                             |  |  |  |
| The Final Cut: Video Editing and Perceftion       |  |  |  |
| Lunch   |  |  |  |
| The Final Cut: Video Editing and Perceftion       |  |  |  |
| Coffee Break                                      |  |  |  |
| Creating Change : getting ready for presentations |  |  |  |
| Evaluation groups                                 |  |  |  |
| Dinner  |  |  |  |
| Lake Adventure                                    |  |  |  |

|   |   | Breakfast   |
|---|---|---|
|   |   | Circle of Connections   |
| g |   | It is time for the Change:<br>Group Presentations<br>and Insights |
|   |   | Lunch   |
| g |   | Growth Through Change:<br>Team Separation and<br>Reflection       |
|   |   | Coffee Break  |
|   |   | Embracing the Change:<br>Closing the Circle                       |
|   |   | Dinner  |
|   |   | Goodbye party   |
|   | • |   |





and meet locals















**DEPARTURES** 

## QUESTIONS

### IF YOU HAVE SOME QUESTIONS DON'T HESITATE TO ASK













